



EUROPEAN SHOTOKAN KARATE-DO ASSOCIATION

E-mail : office@eska-karate.org
Fax : + 49 2652 5828343

**ESKA European Championship
San Fernando, Cadiz, Spain 22 - 24 November 2019.**

Overview of key activities.

Wednesday 20th November:

Organising Committee meeting (host + ESKA)	14.00 - 16.00
Referee Commission meeting	16.00 – 17.30
Technical Committee meeting	18.30 – 19.30

Thursday 21st November:

Executive Board Meeting	09.00 - 11.30
Coaches Meeting	14.00 - 15.00
Kata Standardisation Course	17.00 - 19.30 (all referees and coaches in gis)

Friday 22nd November:

Registration for Congress	08.30 - 09.00
Congress	09.00 - 11.30
Referee alignment meeting	12.00 – 12.30

Championships:

Friday 22 nd November:	Cadet events	13.30
Saturday 23 rd November:	Youth/Junior events	09.00
	Opening Ceremony	16.00
Sunday 24 th November:	Senior events	09.00
	Flag Ceremony	17.00